

# YMCA Happenings - March 2010

*What's exciting about March? It's the start of great new programs AND we are one month closer to Summer Camp! Camp Registration starts this month and Camps fill fast - Make your summer plans now!*

Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dates, Times, and Registration Information on all our programs can be found on our website	1 Lack Motivation to workout? Sign up for the 2010 Olympic Challenge	2	3	4 Adult/Child CPR Class 9-11am Members=\$35 NonMembers=\$60	Mom and Dad Want to go out Friday Night? Sign your kids in Grades K-5 up for:	6 Quality family time together Wii Family League Every Sat; 3-4pm
7	Spring Soccer will be here soon! Get your Travel Soccer Player Ready - Register for the Elite Soccer Clinics March 8th, 9th & 10th Check the website for times			11 Now is the best time to prepare for summer employment. Register for ARC Lifeguard Training. Check the website for class dates & times	Movie Night Mar. 5  Splash Bash Mar. 12  Freak Out Friday For ages 9-14 Mar. 19	13
14 What's the perfect way to beat the Winter Blues? Join us for Family Fun & Games in the Pool 4-5:00pm	15 Adult/Child CPR Class 6:30-8:30pm Members-\$35 NonMembers=\$65	16	17 NEW! Fun and Games with Spanish Ages 4 & 5 Weds; 1:30-2:30			20
21 Are you Living with Pain? Attend this Workshop and learn valuable information on how pain affects your body, mind and spirit. 10am-2pm	22	23	24	25	26 Youth/Teen Exploration Expedition 3:30-5:30pm	27 NEW! Parents Time Off! Ages 6mos - 12 yrs Details on Flyer
	29	30	31 Want to lose the baby pounds? Try Motherwell Shape-up w/baby. Starts Today!	FLOOR WARS - All Month! Due to popular demand, Floor Wars is staying! Games in the Gym Mon/Wed from 6-7pm for ages 5-7		