The 2018-19 Fiscal Year was another terrific year for the Carlisle Family YMCA. We experienced **continued growth, increased community engagement** and **financial stability**.

At the Y we focus on the **healthy development of children**, the **leadership development of teens** and providing programs for people of all ages that help them **develop and maintain healthy lives**. A combination of talented staff, dedicated volunteers and a whole host of community supporters has helped us **make a positive impact** in the lives of local individuals.

We know our members are constantly on the go. In early 2019 we began offering 24/7 Adult Fitness Center Access so you can **work out when you want to**. For a one-time $20 activation fee, members age 19 and up now have **convenient 24 hours per day, 7 days per week, year-round access to our Adult Fitness Center**.

This past winter, we reintroduced our **High School Basketball Program** for teens who want to continue their basketball careers past the middle school level. **Kids of all skill levels came together** to learn and practice their basketball skills and scrimmage against other players in the program. The program was led by volunteer coaches who taught basketball skills the players can use past their high school years.

If you have spent any time around the Y this past year, you probably have sensed the **BUILDING MOMENTUM** and excitement as we neared the end of our Here For All. Here For Good. Capital Campaign. We are extremely grateful for our **powerful community partnerships** and **valuable financial supporters** that brought us across the finish line.

We offer our heartfelt appreciation to all the dedicated volunteers, donors, staff and organizations who have helped and supported the Y – **furthering our mission and impact**, and look forward to your continued involvement and support as we move forward.

Rob Rahal

Marcia L. Drozdowski
$283,721
in Y membership and program scholarships provided to 1,456 youth and adults

153,851
member card swipes at the Welcome Center in the 2018-19 Fiscal Year

2,201
average membership units, including 266 units that receive financial assistance
416 volunteers

75+ group land and water fitness classes offered every week

625 children attended summer camp

4,124 swim lessons provided to youth and adults

$9+ million raised for our Here For All. Here For Good. Capital Campaign
YOUTH DEVELOPMENT

The Y nurtures the potential of every child and teen by supporting their unique youth development journey through holistic programming. From cradle to career, the Y provides all youth with the tools and resources they need to succeed in life.

The Y™ For a better us.

$77,982 FINANCIAL ASSISTANCE PROVIDED TO 328 YOUTH AND ADULTS FOR PROGRAM PARTICIPATION

1,037 YOUTH PARTICIPATED IN Y SPORTS (SOCCER, LACROSSE, BASKETBALL & SWIM TEAM)

32 CHILDREN SERVED WEEKLY IN OUR CHILD CARE CENTER

45 PARTIES HOSTED

2,053 YOUTH IN OUR COMMUNITY WHO LEARN, GROW AND THRIVE AS Y MEMBERS
HAVING HER BEST SUMMER EVER AT CAMP THOMPSON
In addition to our very popular resident camp at Camp Thompson, we also offer three day camp experiences for ages 5-13:

**Youth Adventure Day Camp** (ages 5-8)
**New Frontiers Day Camp** (ages 9-12)
**Camp Thompson Day Camp** (ages 5-13)
**Camp Thompson Resident Camp** (ages 7-14)

It takes a lot of staff to give the kids who attend our camps their **BEST.SUMMER.EVER.**:

- **16** Day Camp Counselors
- **14** Resident Camp Counselors
- **3** Program Directors
- **2** Cooks
- **1** Bipp

**FULL AND PARTIAL SCHOLARSHIPS PROVIDED TO 55 RESIDENT CAMPERS**

**FULL AND PARTIAL SCHOLARSHIPS PROVIDED TO 159 DAY CAMPERS**
HEALTHY LIVING

The Y aims to improve the nation’s health and well-being by providing programs and activities that promote wellness, reduce risk for disease and help others reclaim their health. The result is a community that values health and supports healthy choices.

The Y.” For a better us.

1,037 OF OUR 2,201 AVERAGE TOTAL MEMBERSHIP UNITS ARE HOUSEHOLD MEMBERSHIPS

$205,739 MEMBERSHIP SCHOLARSHIPS PROVIDED TO 1,128 YOUTH AND ADULTS IN OUR COMMUNITY

355 MEMBERSHIP UNITS IN OUR SHARE THE HEALTH PROGRAM AT THE END OF THE 2018-19 FISCAL YEAR

80 SESSIONS OF PRIVATE LESSONS GIVEN TO 15 ADULTS

162 MASSAGES GIVEN
HEALTHY LIVING BY THE NUMBERS

**Pickleball** is a sport that is gaining popularity in our area. For several years, we have offered sessions where members and non-members can play pickup games in the morning. And this past year we hosted our first **Pickleball Tournament**. We decided to cap the tournament at 10 teams and sold out in 19 days.

**PICKLEBALL FACTS:**

- 34 Net Height in Inches at the Center
- 26 Minimum Number of Holes in the Ball
- 17 Maximum Paddle Length in Inches
- 11 Points Needed to Win (Must Win by 2)
- 7 Non-Volley Area Called “The Kitchen” in Feet on Either Side of the Net

**HEALTHY LIVING BY THE NUMBERS DATA:**

- 258 24/7 MEMBERS
- 15 MEN AND WOMEN REGISTERED FOR MASTERS SWIMMING
- 20 HANDBALL PLAYERS AGES 20–77 COMPETED IN THE COSMIC OPEN HANDBALL TOURNAMENT
- 1,020 SESSIONS OF PERSONAL TRAINING PURCHASED BY 74 ADULT AND TEEN MEMBERS
- 2,823 PEOPLE GOT THANKSGIVING OFF ON THE RIGHT FOOT IN THE 2018 CENTURYLINK TURKEY TROT 5K
- 25 MEN AND WOMEN SWAM 800 YARDS, BIKED 12 MILES AND RAN 3.1 MILES IN OUR 10TH ANNUAL Y TRI INDOOR SPRINT TRIATHLON
SOCIAL RESPONSIBILITY

The Y responds to society’s most pressing needs by developing innovative, community-based solutions to help those in need reach their full potential. We aim to unite individuals from all walks of life to participate in and work for positive social change.

The Y™ For a better us.

11,337 HOURS SERVED BY VOLUNTEERS ON OUR BOARD, IN OUR SPORTS PROGRAMS AND FOR OUR EVENTS

$84,905 COST SAVINGS / CONTRIBUTED SERVICE VALUE OF VOLUNTEER HOURS IF PAID AT MINIMUM WAGE

22 DISADVANTAGED KIDS GOT 4 DAYS OF FREE WATER SAFETY INSTRUCTION DURING SAFETY AROUND WATER

94 BASKETBALL AND SOCCER VOLUNTEER COACHES

175 SHOES DONATED
THE TREE OF LIGHTS ILLUMINATED ON THE WEST STREET LAWN
GIVING BACK BY THE NUMBERS

We raised $14,725 in our 2018 Tree of Lights campaign. This annual community-wide fundraising project provides donors with an opportunity to remember or honor loved ones. This year 255 lights were purchased by 147 donors. The Tree of Lights is illuminated on the West Street Lawn for the entire community to enjoy beginning December 1. All funds raised support the mission of the Carlisle Family YMCA.

TREE OF LIGHTS BREAKDOWN:

- **85** White Lights ($10)
- **55** Red Lights ($25)
- **52** Blue Lights ($50)
- **54** Green Lights ($100)
- **9** Gold Lights ($500)

- **25** BOARD MEMBERS
- **14** PINTS OF BLOOD COLLECTED IN TWO BLOOD DRIVES
- **119** COUNTRIES IN THE WORLD WITH A Y THAT SERVE OVER 45 MILLION PEOPLE
- **49** RIDERS RAISED OVER $1,247 FOR OUR ANNUAL CAMPAIGN THROUGH THE 2019 EXPRESSO RALLY FOR THE Y
- **$61,197** NON-CASH CONTRIBUTIONS GIVEN BY Y SUPPORTERS, MULTIPLYING THE Y’S IMPACT
- **$71,615** GENEROSLY DONATED BY 165 PEOPLE TO OUR 2019 ANNUAL CAMPAIGN
Hubert X. Gilroy was honored with the Lifetime of Service Award on Thursday, April 11, 2019, for his 40 years of service to the Carlisle Family YMCA, including serving as the chair of the successful Here for All. Here for Good. Capital Campaign, which raised $9,054,142.

This is only the second time in the Y’s 160-year history that this award has been presented. It is intended to honor an exemplary record of lifetime service to the YMCA.
Our Community Partner recognition plan recognizes the companies and organizations that generously support the Carlisle Family YMCA.

Organizations that contributed money or services to our Y totaling at least $5,000 during the 2018-19 fiscal year qualified for the Community Partner recognition plan. Banners with the company logos are displayed prominently in our Adult Fitness Center. We also recognize them on the informational TVs located across from the Welcome Center, outside the Adult Fitness Center and outside the Gymnasium, and on our website.

It is our hope that this recognition within the Y both promotes and generates good will for these companies.

If you have any questions about this program or want to get involved, call Development Director Cate Mellen at 717-243-2525 ext. 203.

THANK YOU FOR ALL YOU DO TO HELP US CONTINUE GROWING OUR COMMUNITY!
THANK YOU TO M&T BANK FOR BEING OUR 2019 ANNUAL CAMPAIGN COMMUNITY PARTNER!
CHAIRMAN’S ROUND TABLE
($1,000+)
Mark Bishop
Jonathan & Karen Cox
Marcia Drozdowski
Karen & John Faryniak
Gary & Vonnie Heishman
Barbara G. B. Lillich
Robert & Kathy Long
Tara Long & Michael Garrity
Todd & Katie Long
Patricia McEvoy &
  Mike Pasquarett
The Rahal Family
Tom & Julie Ryan
William & Barbara Schreiber
W. R. Unger
Buz & Joan Wolfe
Ray & Dorothy Wolfe
The Sentinel

PRESIDENT’S CLUB $500–$999
John Altmeyer
Anonymous (2)
Rob Frey
Ron & Sue Goodman
Michelle & Bob Grochalski
Alice Hurwitz
James & JoAnn Hutcheson
Kim Kamowski
Eric Klinedinst
Pat Carey & Bob Schmidlein
Ahlstrom Mount Holly Springs, LLC

BENEFACTOR $300–$499
Anonymous
Joan Frey Boytim
Harold & Darlene Brandt
Jane Burke
Rick & Margie Christie
Mike & Susie Coulson
Wendy & Shervin Dean
Sam & Lori Glesner
Matt & Alexa Nikoloff
Mike Price
Mike & Marika Sienkiewicz
Ronald & Sharon Simons
Expresso Bikes / Interactive Fitness Holdings

And special thanks to M&T Bank, our Annual Campaign Community Partner
**SPONSOR $150-$299**
Anonymous (2)
Fred Baldwin & Marilyn Keener
John Billman
Joseph Bourdon
David & Carrie Breschi
Cindy Bussard
Mary Frances Carson
John & Lisa DeLorenzo
Frances Del Duca
Zach & Maureen Flynn
Rosalie & Jimmie George
Hubert & Mary Gilroy
Dwayne Kepner
Jim & Sandy Mader
John & Beverly Mancke
Cate Mellen
Ivo & Ellen Otto
Deborah Reitzel
Glenn Snoke
John & Julie Ward
Ed Warner
Andrew Wolfe
Dave Zimmerman
The staff at Carlisle Construction Materials

**SUPPORTER $1-$149**
Alissa Ankrom
Anonymous (3)
Sarah Aubry
Thomas Austin
Jacqueline Bailey
Niven Baird
Jane Black
Doug & Melissa Brehm
Anita Brewster
Doris Brookens
Gina Brown
Robert & Sally Broyles
James Buckley
Kirby & Joy Burkholder
Richard Burkholder
Jay Cattron
Mike Clapsadl
John & Joan Clifton
Eva Cooper
Joe Crowley
JoAnn & Kevin Curtis
Megan Decker
Ron & Beverly Deitch
Mark & Angela Dolheimer
George Douglas
Marci Douglass
Kelly Emanuele
Lauren Engle
Shari Finkenbinder
Anthony & Jennifer Frey
Len & Mary Fullenkamp
Kristine Gentile
Pat Giarratana
Amy & Bryan Gobin
John Gordon
Anthony Grieneisen
Michael & Nora Habig
Mary & Jere Harbold
Patricia & Wilmer Harris
Ann Hoffer
David & Jennifer Hooke
Catherine Hranek
David Keller
Debbie Keyser
Jack & Sylvia Kranchick
Dennis Line
Mary Lins
Alyssa Loney
John & Karen Lyter
Matt & Katie Madden
Frank & Doreen Maisano
Sunny Mannino
Karl Marchut
Gertrude McAlister
Michael & Marla Mogill
Kelli Murphy
Julie Murray
Don & Ginny Naugle
Phil & Kelly Neiderer
Terry Nickey
Deborah Orlando
Stephanie Otto
Jim & Pattie Parsons
Barbara Preston
Brett Raspanti
June Reed
Richard Rogers
Ralph & Nancy Scherer
Stephen & Shawna Scherer
William & Mary Ann Schirmer
Rita & Ron Schlawsky
Helen Scott
Gary Shank
Heidi & Bryan Shatto
Kloe Shearer
George & Jeanne Shevlin
Donald Simmons
Adam Smith
Karen Irene Smith
Rosemary Smith
Jeanna & Cham Som
Samuel & Anne Stewart
Marge Stokes
Neil Stokes
Dennis Stum
Erin Summers
Alan & Leslie Tritt
Stanley Tritt
Laura Unger
Lisa Verdekal
Conn Weissman
Susan Wiseman
Janet Wright
EVENTS

CENTURYLINK TURKEY TROT
CenturyLink
Appalachian Running Company
Belco Community Credit Union
Bobby Rahal Automotive Group
Carlisle Buick GMC
Casses Chiropractic Clinic, P.C.
The Dave Hooke Team - Keller Williams of Central PA
Dyndes Media Inc.
Giant
Members 1st Federal Credit Union
PET Carlisle, Inc.
Plant Site Logistics
Property Management Inc.
Red 102.3
SpiritIntra
Strouse Entertainment
The Tuckey Companies
UPMC Pinnacle Carlisle
Volvo Construction Equipment

COSMIC OPEN HANDBALL TOURNAMENT
Daily Express, Inc.
A-1 Vending
The Dave Hooke Team - Keller Williams of Central PA
Mario Dolciato
Bill Murphy
Papa John’s Pizza
Philly Pretzel Company
Wegmans

3-ON-3 BASKETBALL TOURNAMENT
Daily Express, Inc.

3V3 FALL SOCCER TOURNAMENT
Messiah Lifeways Adult Day

HEALTHY KIDS DAY®
The Tuckey Companies
South Side Deli
Strouse Entertainment

HELP OUR KIDS GOLF TOURNAMENT
Fraternal Order of Eagles Aerie 1299
Allen Distribution
EQT
Plant Site Logistics
Riverview Bank
Aqua Specialists
Belco Community Credit Union
Carlisle Construction Materials
Daily Express, Inc.
F & M Trust
Jules and Associates
Waveland
A-1 Vending
Benefit Connections
Brehm-Lebo Engineering, Inc.
Carlisle Events
Cumberland Design & Building Company, Inc.
Eckert Seamens Attorneys at Law
Foundation Skincare by Michele
Frey & Tiley Law Offices
Keller Financial Group
Kirbtech LLC
Martson Law Offices
Members 1st Federal Credit Union
The Strickler Agency, Inc.
The Tuckey Companies
Wolfe & Company Realtors
CARLISLE FAMILY YMCA
2018-19 LEADERSHIP

BOARD OF DIRECTORS

PRESIDENT
Rob Rahal

VICE PRESIDENT
Zach Flynn

SECRETARY
Tom Ryan

TREASURER
Harold Brandt
Margaret Christie
Jerry Clawson
Dave Crown
Justin Eckenrode
Karen Faryniak
Rob Frey
Sam Glesner
Michelle Grochalski
Kim Kamowski
Eric Klinedinst
Alyssa Loney
Joseph Mancuso
Dan Mowery
Justin Neidlinger
Ellen Peters Otto
Blaise Pepitone
Morgan Rector
Matt Tuckey
Lisa Verdekal
Andy Wolfe
John Madden, ex officio

BOARD OF TRUSTEES

Hugh Aberman
Mark Bishop
Kirby Burkholder
Patricia Carlucci
Frances Del Duca
Hubert Gilroy
Webb Hersperger
Robert Long
Albert H. Masland, Jr.
Denver Tuckey
Kenneth Tuckey
W.R. Unger
Ray L. Wolfe, Sr.

MANAGEMENT TEAM

Marcia Drozdowski, Chief Executive Officer
Jeannie Ball, Finance Director
Michelle Bell, Marketing Director
Jay Cattron, Health & Wellness / Membership Director
Amy Herd, Sports Registrar
Cate Mellen, Board Liaison & Development Director
Nicholas Newcomer, Youth Program Director
Brittany Nissley, Child Care Director
Brittany Rose, Camping Services Director
Justin Rose, Associate Executive Director
Heidi Shatto, Business Office Manager
Tracy Swahlon, Administrative Assistant
Kelly Tyrrell, Sports Director
Mark Vioral, Facilities Director
Tara Young, Aquatics Director

PROGRAMS

ARTHITIS WATER EXERCISE
Messiah Lifeways Adult Day

CAYS TRAVEL & REC SOCCER FIELD SPONSORS
Fluss Flooring
Noble Auto Care

CYAA SHARKS SWIM TEAM
Daily Express, Inc.

HEALTHY FAMILY HOME SERIES
The Tuckey Companies

SAFETY AROUND WATER
Central PA Family Support Services

SUMMER SIZZLE KIDS’ FITNESS CAMP
The Tuckey Companies
Rotary Club of Carlisle

YOUTH REC BASKETBALL
Sumas Spine and Neurosurgical Care

Bold text denotes premiere event sponsors
## FINANCIAL REPORT 2018-19 FISCAL YEAR

### REVENUE, GAINS & OTHER SUPPORT

<table>
<thead>
<tr>
<th>Description</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Totals</th>
</tr>
</thead>
<tbody>
<tr>
<td>Contributions</td>
<td>$211,662</td>
<td>$2,377,173</td>
<td>$2,588,835</td>
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<tr>
<td>Fundraising events</td>
<td>37,999</td>
<td></td>
<td>37,999</td>
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<tr>
<td>Membership fees</td>
<td>1,188,727</td>
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<td>1,188,727</td>
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<tr>
<td>Free and reduced memberships</td>
<td>(205,739)</td>
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<td>(205,739)</td>
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<tr>
<td>Program fees</td>
<td>1,146,964</td>
<td></td>
<td>1,146,964</td>
</tr>
<tr>
<td>Free and reduced program fees</td>
<td>(77,982)</td>
<td></td>
<td>(77,982)</td>
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<tr>
<td>Miscellaneous income</td>
<td>22,959</td>
<td></td>
<td>22,959</td>
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<tr>
<td>Room and equipment rentals</td>
<td>49,404</td>
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<td>49,404</td>
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<tr>
<td>Rental income</td>
<td>37,413</td>
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<td>37,413</td>
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<tr>
<td>Net investment income</td>
<td>124,782</td>
<td>(50,893)</td>
<td>73,889</td>
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<tr>
<td>Loss on disposal of fixed assets</td>
<td>(2,121)</td>
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<td>(2,121)</td>
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<tr>
<td>Bad debt losses</td>
<td>-</td>
<td>(12,738)</td>
<td>(12,738)</td>
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<tr>
<td>Net assets released from restrictions</td>
<td>89,281</td>
<td>(89,281)</td>
<td>-</td>
</tr>
<tr>
<td><strong>TOTAL REVENUE, GAINS &amp; OTHER SUPPORT</strong></td>
<td><strong>2,623,349</strong></td>
<td><strong>2,224,261</strong></td>
<td><strong>4,847,610</strong></td>
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### EXPENSES

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<tbody>
<tr>
<td>Program services</td>
<td>1,922,215</td>
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<td>1,922,215</td>
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<tr>
<td>Management and general</td>
<td>466,219</td>
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<td>466,219</td>
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<tr>
<td>Fundraising</td>
<td>183,474</td>
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<td>183,474</td>
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<tr>
<td>Rental properties</td>
<td>65,398</td>
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<td>65,398</td>
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<tr>
<td><strong>TOTAL EXPENSES</strong></td>
<td><strong>2,637,306</strong></td>
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<td><strong>2,637,306</strong></td>
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</tbody>
</table>

Excess (deficit) of revenue, gains and other support over expenses / change in net assets

<table>
<thead>
<tr>
<th>Description</th>
<th>Unrestricted</th>
<th>Temporarily Restricted</th>
<th>Totals</th>
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<tbody>
<tr>
<td>(13,957)</td>
<td>2,224,261</td>
<td>2,210,304</td>
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### NET ASSETS – BEGINNING

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<th>Temporarily Restricted</th>
<th>Totals</th>
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<td></td>
<td>2,378,177</td>
<td>6,664,420</td>
<td>9,042,597</td>
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</table>

### NET ASSETS – ENDING

|                                                      | $2,364,220   | $8,888,681             | $11,252,901  |

[carlislefamilyymca.org](https://carlislefamilyymca.org)
OUR FOUNDATION

Our Mission
To promote personal growth, enhance family values and provide community service through programs available to all.

Our Values
Caring – Show a sincere concern for others
Honesty – Be truthful in what you say and do
Respect – Follow the golden rule
Responsibility – Be accountable for your promises and actions

Our Cause
Strengthening the foundations of community through youth development, healthy living and social responsibility.

Our Commitment
We are committed to Carlisle. Since 1859, we’ve been in the heart of the community, accessible to all who want to grow stronger in spirit, mind and body. And we’re not going anywhere.