



REC BASKETBALL COVID-19 PLAN

DROP-OFF & PICK-UP

CHECK-IN PROCESS

Participants will be given a check-in time and you should not arrive at the Y before that time. If you arrive before your scheduled check-in time, you must remain in your vehicles. When participants arrive, they should meet their coach outside the South entrance. Please form a line and stay 6 feet apart at all times. Parents/guardians will be asked to verify the following:

- They took their child's temperature either before coming to the facility or upon arrival at the facility. (Non-contact thermometers will be available if you are unable to take their temperature at home.)
- The child does not have a fever 100.4 F or higher, shortness of breath or cough.
- Children must wear masks or a cloth face covering.
- Parents/guardians must wear masks or a cloth face covering.
- After the player is checked in, parents must leave the Y facility. **NO SPECTATORS ARE ALLOWED AT PRACTICES OR GAMES.**

Staff and volunteer coaches will do the following when participants arrive:

- Make a visual inspection of the child for signs of illness, which could include flushed cheeks, rapid breathing or difficulty breathing (without recent physical activity), fatigue or extreme fussiness.
- Check in participants.
- Ensure that participants do not bring unnecessary personal items to the Y.
- Ensure participants use hand sanitizer when entering the building.
- Escort their team upstairs to the gym for practices and games.

PICK-UP PROCESS

When participants are being picked up, parents/guardians should wait outside the South entrance and remain 6 feet apart. Once there, here is what you can expect:

- Volunteer coaches will escort players outside.
- Volunteer coaches will dismiss players to parents/guardians.

HEALTH & SAFETY PROTOCOL

MASKS / FACE COVERINGS

- Staff and volunteers must wear masks at all times.
- Participants must wear masks at all times.

HAND WASHING / SANITIZING PROTOCOL

All staff and participants must wash hands or use hand sanitizer:

- When entering and exiting Y property
- Upon arrival and before departure from the program
- Before and after bathroom trips

DAILY CLEANING PROTOCOLS

- All equipment will be sanitized with the fogger before and after each practice.
- General use areas will be fogged each morning and each evening.
- Staff will wear gloves when taking out the trash and using the fogger.

ADDITIONAL INFORMATION

- No pre-game or post-game handshakes, fist bumps, hugs, etc.
- Players may not share water and/or snacks.
- Only coaches can touch or move equipment.
- Scrimmage vests should not be shared. Coaches will wash vests after every practice.
- Parents make the ultimate decision on their child's participation.

SYMPTOMATIC & CONFIRMED CASES

IF A STAFF MEMBER, VOLUNTEER OR PARTICIPANT BECOMES SICK, BELIEVES THEY HAVE BEEN EXPOSED TO COVID OR HAS RECEIVED A POSITIVE TEST, THEY SHOULD NOTIFY Y ADMINISTRATION IMMEDIATELY AND SELF-QUARANTINE.

If a staff member or volunteer becomes ill or begins to show signs of COVID-19 while at practice or a game, the following protocol is in place:

- Staff member or volunteer may self-quarantine in the isolation room (FFC Office) until they can arrange for transportation, or they may leave immediately to seek medical advice.
- He/She should inform Y administration of all areas of contact within the last 48 hours.
- Y administration will notify staff and participants of the potential exposure.
- The Carlisle Family YMCA will arrange for professional sanitization company to service the areas of use at the Y facility.
- Staff may not return to work until they have been fever-free for 3 days (suspected case).
- Staff may not return to work until they have been symptom-free for 10 days (positive case).

If a participant becomes ill or begins to show signs of COVID-19 while at the Y, the following protocol is in place:

- The participant will be self-quarantined in the isolation room (FFC Office) until they can be picked up by a parent or guardian to seek medical advice (must be within 2 hours).
- Y staff will collect information regarding all areas of contact with the participant within the last 48 hours.
- Y administration will notify staff and participants of the potential exposure.
- The Carlisle Family YMCA will arrange for professional sanitization company to service the areas of use at the camp facility.
- The participant may not return to the Y until they have been fever-free for 3 days (suspected case).
- The participant may not return to the Y until they have been symptom-free for 10 days (positive case).