



FOR YOUTH DEVELOPMENT™  
 FOR HEALTHY LIVING  
 FOR SOCIAL RESPONSIBILITY

# SEPTEMBER 2021 GYM SCHEDULE

## CARLISLE FAMILY YMCA

\*Gym will be closed September 9<sup>th</sup>-17<sup>th</sup> for maintenance

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5-10:30am</b> Member Rec	<b>5-10:30am</b> Member Rec	<b>5-10:30am</b> Member Rec	<b>5-10:30am</b> Member Rec	<b>5-10:30am</b> Member Rec		
					<b>7am-12pm</b> Member Rec	<b>10am-12pm</b> Member Rec
<b>10:30-11:45am</b> Reserved (YMCA Child Care)	<b>10:30-11:45am</b> Reserved (YMCA Child Care)	<b>10:30-11:45am</b> Reserved (YMCA Child Care)	<b>10:30-11:45am</b> Reserved (YMCA Child Care)	<b>10:30-11:45am</b> Reserved (YMCA Child Care)	<b>12-2pm</b> Full Court Play	<b>12-2pm</b> Full Court Play
<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>2-5pm</b> Member Rec (No Full Court)	<b>2-4pm</b> Member Rec (No Full Court)
<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>Available Gym Rental Times:</b>  <b>Fri</b> —7-9pm  <b>Sun</b> —10-11:30am  <b>Building Hours:</b>  <b>Mon-Fri</b> —5am-10pm  <b>Sat</b> —7am-5pm  <b>Sun</b> —10am-4pm	
<b>3-4:30pm</b> Reserved (YMCA Child Care)	<b>3-5:30pm</b> Youth Rec (18 & under)	<b>3-4:30pm</b> Reserved (YMCA Child Care)	<b>3-5:30pm</b> Youth Rec (18 & under)	<b>3-4:30pm</b> Reserved (YMCA Child Care)		
<b>4:30-5:30pm</b> Youth Rec (18 & under)	<b>5:30-7:30pm</b> Member Rec	<b>4:30-5:30pm</b> Youth Rec (18 & under)	<b>5:30-7:30pm</b> Member Rec	<b>4:30-6pm</b> Youth Rec (18 & under)		
<b>5:30-7:45pm</b> Member Rec	<b>7:30-9:30pm</b> Adult/Teen Full Court (13 & up)	<b>5:30-7:30pm</b> Member Rec	<b>7:30-9:30pm</b> Adult/Teen Full Court (13 & up)	<b>6-7:30pm</b> Member Rec		
<b>8-10pm</b> <b>Reserved</b>		<b>7:30-9:30pm</b> Adult/Teen Full Court (13 & up)		<b>7:30-9:30pm</b> Adult/Teen Full Court (13 & up)		

\*Gym closes at 9:30pm every night for cleaning

**Member Rec** — For use by members of all ages. Games are limited to half court unless low numbers allow full court.

**Youth Rec** — For use by youth ages 18 and under. Games are limited to half court unless low numbers allow full court.

**Adult/Teen Full Court** — Full court play. Pick-up format.

### CARLISLE FAMILY YMCA

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