



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JANUARY 2022 GYM SCHEDULE

CARLISLE FAMILY YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-10:30am Member Rec	5-7:30am Member Rec		5-7:30am Member Rec		7-8am Member Rec	10am-12pm Member Rec
	7:30-9:55am Pickleball	5-10:30am Member Rec	7:30-9:55am Pickleball	5-10:30am Member Rec	8am-2:30pm Youth Basketball Games	12-2pm Full Court Play
10:30-11:45am Reserved (YMCA Child Care)	10-11:45am Member Rec	10:30-11:45am Reserved (YMCA Child Care)	10-11:45am Member Rec	10:30-11:45am Reserved (YMCA Child Care)	3-8pm Member Rec (No Full Court)	2-6pm Member Rec (No Full Court)
12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-1:30pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	Available Gym Rental Times: Fri—7-9pm Sun—10-11:30am	
2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	*Gym Closed 5:45-7:30pm on Friday, January 21	
3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	3-5:30pm Youth Rec (18 & under)	*Gym Closed Sunday, January 23 from 9am-4pm	
5-8:30pm Reserved for Youth B-Ball Practice	5-8:30pm Reserved for Youth B-Ball Practice	5-8:30pm Reserved for Youth B-Ball Practice	5-8:30pm Reserved for Youth B-Ball Practice	5:30-7:30pm Member Rec	Building Hours: Mon-Fri—5am-10pm Sat—7am-8pm Sun—10am-6pm	
8:30-9:30pm Adult/Teen Full Court (13 & up)	8:30-9:30pm Adult/Teen Full Court (13 & up)	8:30-9:30pm Adult /Teen Full Court (13 & up)	8:30-9:30pm Adult/Teen Full Court (13 & up)	7:30-9:30pm Adult/Teen Full Court (13 & up)		

**Gym closes at 9:30pm every night for cleaning*

PLEASE NOTE: During inclement weather, the YMCA may modify this schedule without advance notice to accommodate Child Care services or other youth activities.

Member Rec — For use by members of all ages. Games are limited to half court unless low numbers allow full court.

Youth Rec — For use by youth ages 18 and under. Games are limited to half court unless low numbers allow full court.

Adult/Teen Full Court — Full court play. Pick-up format.

CARLISLE FAMILY YMCA

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