



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

JUNE 2022 GYM SCHEDULE

CARLISLE FAMILY YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5-10am Member Rec	5-10am Member Rec	5-10am Member Rec	5-10am Member Rec	5-10am Member Rec	7am-12pm Member Rec	10am-12pm Member Rec
10-11am Camp	10-11am Camp	10-11am Camp	10-11am Camp	10-11am Camp	12-2pm Full Court Play	12-2pm Full Court Play
11am-12pm Member Rec	11am-12pm Member Rec	11am-12pm Member Rec	11am-12pm Member Rec	11am-12pm Member Rec	2-4:30pm Member Rec (No Full Court)	2-3:30pm Member Rec (No Full Court)
12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED		
2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	BUILDING HOURS: Mon-Fri —5am-9pm Sat —7am-5pm Sun —10am-4pm Available Gym Rental Times: Fri —7-8:30pm	
3-5:30pm Youth Rec (18 & under)	3-5:30pm Youth Rec (18 & under)	3-5:30pm Youth Rec (18 & under)	3-5:30pm Youth Rec (18 & under)	3-5:30pm Youth Rec (18 & under)		
5:30-7pm Member Rec	5:30-7pm Member Rec	5:30-7pm Member Rec	5:30-7pm Member Rec	5:30-7pm Member Rec		
7-8:30pm Adult/Teen Full Court (13 & up)	7-8:30pm Adult/Teen Full Court (13 & up)	7-8:30pm Adult/Teen Full Court (13 & up)	7-8:30pm Adult/Teen Full Court (13 & up)			

*Gym closes at 8:30pm Mon-Fri nights for cleaning

***During inclement weather the YMCA may modify this schedule without advance notice to accommodate Child Care services or other youth activities**

Member Rec — For use by members of all ages. Games are limited to half court unless low numbers allow full court.

Youth Rec — For use by youth ages 18 and under. Games are limited to half court unless low numbers allow full court.

Adult/Teen Full Court — Full court play. Pick-up format.

CARLISLE FAMILY YMCA

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