



FOR YOUTH DEVELOPMENT™  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# NOVEMBER 2023 GYM SCHEDULE

## CARLISLE FAMILY YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>5am-12pm</b> Member Rec	<b>5-10am</b> Pickleball	<b>5am-12pm</b> Member Rec	<b>5-10am</b> Pickleball	<b>5am-12pm</b> Member Rec		
	<b>10am-12pm</b> Member Rec		<b>10am-12pm</b> Member Rec		<b>7am-12pm</b> Member Rec	<b>10am-12pm</b> Member Rec
					<b>12-2pm</b> Full Court Play	<b>12-2pm</b> Full Court Play
<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>12-2pm</b> Noon-time Hoops (19 & over) NO GUESTS PERMITTED	<b>2-7:30pm</b> Member Rec (No Full Court)	<b>2-5:30pm</b> Member Rec (No Full Court)
<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>2-3pm</b> Member Rec	<b>Available Gym Rental Times:</b> <b>Fri</b> —7-8:30pm <b>Sun</b> —10-11:30am  <b>Building Hours:</b> <b>Mon-Fri</b> —5am-9pm <b>Sat</b> —7am-8pm <b>Sun</b> —10am-6pm	
<b>3-5pm</b> Youth Rec (18 & under)	<b>3-5pm</b> Youth Rec (18 & under)	<b>3-5pm</b> Youth Rec (18 & under)	<b>3-5pm</b> Youth Rec (18 & under)	<b>3-6pm</b> Youth Rec (18 & under)		
<b>5-8:30pm</b> Reserved for Youth B-Ball Practice	<b>5-8:30pm</b> Reserved for Youth B-Ball Practice	<b>5-8:30pm</b> Reserved for Youth B-Ball Practice	<b>5-8:30pm</b> Reserved for Youth B-Ball Practice	<b>6-7:30pm</b> Member Rec		
				<b>7:30-8:30pm</b> Adult/Teen Full Court (13 & up)		

\*Gym closes at 8:30pm every night for cleaning.

\*Gym closed for rec basketball 5:00-7:30 November 7<sup>th</sup> and 8<sup>th</sup>

\*Rec Basketball practices begin the week of November 15<sup>th</sup>

\*Gym will be closed Sunday, November 12 from 12:30-2:45pm

**Member Rec** — For use by members of all ages. Games are limited to half court unless low numbers allow full court.

**Youth Rec** — For use by youth ages 18 and under. Games are limited to half court unless low numbers allow full court.

**Adult/Teen Full Court** — Full court play. Pick-up format.

### CARLISLE FAMILY YMCA

311 S. West St., Carlisle PA 17013

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