



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

WORKOUT WHEN YOU WANT TO

24-HOUR WELLNESS CENTER ACCESS

CARLISLE FAMILY YMCA

We know you're constantly on the go. That's why the Carlisle Family YMCA is pleased to offer our adult members ages 19+ convenient 24 hour per day, 7 days per week, year-round access to our Wellness Center.

- You must be **age 19+** to apply for 24/7 access.
- At no point, regardless of situation or for any reason, can any member under 19 remain in the YMCA after the building has been closed by Welcome Center Staff.
- You must be a member of the Carlisle Family YMCA – not available for Nationwide members or guests.
- You must sign a waiver and pass a background check.
- You must pay a **\$20 activation fee***.
- We highly recommend that you exercise with another 24/7 member when using our facility outside of staffed hours.
- A telephone, AED & 24-hour emergency call box are available in the Wellness Center. In case of emergency, please call 911.
- Your key card is your after-hours key to the Wellness Center.



Apply Today for 24/7 WC Access

The Y Fits Your Busy Lifestyle!

Adult members of the Carlisle Family YMCA who are ages 19+ are welcome to apply for 24/7 Wellness Center access at the Welcome Center. To apply for access, you must sign a 24/7 access waiver and agree to abide by our policies, pass a background check and pay a \$20 activation fee*.

24/7 members are welcome to use the Wellness Center any time day or night, but there will be no staff available to assist members during non-staffed hours. Please see our website—carlislefamilyymca.org—to view current staffed building hours.

- Park in the West Street parking lot and enter and exit the building at the South Entrance (see below).
- Use caution in inclement weather as snow and ice removal will not be enforced until staffed hours, possibly later.
- When entering and exiting, please make sure the door closes behind you.
- Do not hold the door for anyone. Everyone must use their own key card for access so we can track who is in the building at all times. Key cards may not be shared with anyone. Doing so is a violation of our policy and will result in you **permanently losing** 24-hour access and a possible termination of your membership.
- Locker rooms are not available after staffed hours.

24/7
ACCESS
DOOR



***If you terminate your membership and then rejoin, you must sign the waiver and pay the \$20 activation fee again.**