



FOR YOUTH DEVELOPMENT™
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

FEBRUARY 2024 GYM SCHEDULE

CARLISLE FAMILY YMCA

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
5am-12pm Member Rec	5-10am Pickleball	5am-12pm Member Rec	5-10am Pickleball	5am-12pm Member Rec		
	10am-12pm Member Rec		10am-12pm Member Rec		7am-12pm Member Rec	10-11:30am Reserved for Indoor Soccer Training
					12-2pm Full Court Play	12-2pm Full Court Play
12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	12-2pm Noon-time Hoops (19 & over) NO GUESTS PERMITTED	2-7:30pm Member Rec (No Full Court)	2-5:30pm Member Rec (No Full Court)
2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	2-3pm Member Rec	*Gym closed Sundays from 10-11:30am	
3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	3-5pm Youth Rec (18 & under)	*Gym closed Monday 2/5 & 12 and Tuesdays 2/20 & 27 from 6:45-8:30 pm	
5-6:45pm Member Rec	5-6:45pm Member Rec	5-8:30pm Member Rec	5-8:30pm Member Rec	5-6:30pm Member Rec	Available Gym Rental Times: Fri —7-8:30pm Sun —10-11:30am	
6:45-8:30pm Reserved for Harrisburg Heat Clinics	6:45-8:30pm Reserved for Harrisburg Heat Clinics			6:30-8:30pm Adult/Teen Full Court (13 & up)	Building Hours: Mon-Fri —5am-9pm Sat —7am-8pm Sun —10am-6pm	

*Gym closes at 8:30pm every night for cleaning.

Member Rec — For use by members of all ages. Games are limited to half court unless low numbers allow full court.

Youth Rec — For use by youth ages 18 and under. Games are limited to half court unless low numbers allow full court.

Adult/Teen Full Court — Full court play. Pick-up format.

CARLISLE FAMILY YMCA

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