



FAMILY FITNESS & FUN FRIDAY

MEMBER APPRECIATION EVENT

FEB 23 FROM 6-8PM

Members of all ages can join us for a fun evening!

Everything is free, but please bring some cash or spare change to vote for your favorite cakes in the **Golden Spoon Contest!** All donations go to our 2024 Annual Campaign. See the back for more information on the contest.

PIZZA & PICKLEBALL

Do you have kids in grades 5-8 who love to play Pickleball – or want to learn? Join us for Pizza & Pickleball during Family Fitness & Fun Friday!

Kids sign up to be on a team with one or both parents. Enjoy free play as well as instruction, if needed. It's free, but pre-registration is required and is limited to 8 teams. Walk-ins accepted only if space allows.

LASER TAG

Be the first to try out our brand new Laser Tag equipment! We're running 3 sessions each with a max of 12 participants. Pre-register for a time slot. Walk-ins accepted only if space allows.

SCHEDULE OF EVENTS

Time	Event
6-7pm	Family Yoga with Fiona Studio A
6-7:45pm	Golden Spoon Contest Kitchen / Living Room
6-7:15pm	Pizza & Pickleball Multipurpose Room (Limited to 8 teams)
6-8pm	Expresso Bike 24-Hour Rally Ride Wellness Center (ages 13+ / sign up required)
6-8pm	Pool Inflatable Obstacle Course & Rec Swim Indoor Pool
6-8pm	Interactive Play for All Ages Kids Adventure Zone
6-8pm	Family Games & Activities Board Room
7:15-8pm	Laser Tag Multipurpose Room (15-min sessions / limited to 12 per session)

**THANK YOU TO
OUR SPONSOR!**





GOLDEN SPOON CONTEST

CAKE EDITION

FAMILY FITNESS & FUN FRIDAY MEMBER APPRECIATION FRIDAY, FEB 23

6-7:45pm

(or until the cake is gone)

**CAKES WILL BE LOCATED
IN THE BACK OF THE KITCHEN**

Winner will be crowned at 8pm

CARLISLE FAMILY YMCA

311 S. West Street, Carlisle PA 17013
717-243-2525 | carlislefamilyymca.org

VOTE!

Please sample no more than 2 pieces of cake prepared by the management team at the Carlisle Family YMCA. Then vote for your favorite by placing a ticket or money in the appropriate container to help us determine the next winner of the **Golden Spoon Trophy!**

TICKETS = 1 VOTE

PENNIES* = 1 VOTE

NICKELS* = 5 VOTES

DIMES* = 10 VOTES

QUARTERS* = 25 VOTES

CASH* = 100 VOTES X DENOM

***All money goes to our 2024 Annual Campaign**